

Public Health Preparedness

Are you prepared for a public health emergency? If you're like many Americans, you may not be too concerned about emergencies...until they happen. But now, more than ever before, preparedness has become increasingly important. Hazards such as natural disasters, chemical emergencies, radiation emergencies, disease outbreaks, bioterrorism, and severe weather can have devastating effects on you and your family if you don't take steps to be prepared.

The CDC recommends that you do the following to be better prepared for emergencies...



Put together an emergency kit

[\(Learn more\)](#)



Develop a disaster plan

[\(Learn more\)](#)



Stay informed
[\(Learn more\)](#)